

## WOODWIND TECHNIQUE - BEGINNER FLUTE

1. Close your mouth normally and press the mouthpiece against your lips so that you can feel the circle in the middle of your lips.
2. Roll the mouthpiece over and blow **ACROSS** the flute, not into it. Do not purse your lips, instead, try to keep them in a straight line.
3. Roll the mouthpiece very slightly forwards and backwards until you find the exact spot where you can blow a note clearly every time. Try to remember what this position feels like.
4. When you can get a note out clearly each time put the flute together and practice holding it. Your right hand goes at the bottom of the flute with your little finger on the key at the bottom. Your left hand is at the top with your thumb on the square key at the back and your first finger on the second key along at the front - this is the note B. Practise holding the flute and playing B.
5. Always keep your shoulders and arms relaxed and try not to lean the flute on your shoulder.
6. Put your fingers on for B, miss out another key and put your second finger on the flute - this is the note A
7. Put your fingers on for A and add your third finger on the key next to your second finger - this is the note G.